

Productivity Hacks for Researchers: Tools and Techniques for Your Daily Workflow

Trainer



Prof. Dr. Julian Langenhagen
Hochschule der Medien,
Stuttgart /
Stuttgart Media University

Julian Langenhagen is Professor of Digital Management and Media Entrepreneurship at Stuttgart Media University.

After studying economics in Frankfurt and Cologne, he initially worked at Ebner Stolz in tax consulting and auditing and at Super RTL in controlling.

He completed his doctorate at Goethe University, where he developed a learning app together with a start-up and analyzed the learning data in his dissertation.

He is also a certified systemic coach, Scrum Master and Product Owner.

Objective

Introducing PhD candidates to practical techniques and tools for improving productivity and managing their workload effectively during their doctoral journey, and equipping them with skills to navigate their research challenges more efficiently.

Description

Balancing long-term research goals with daily tasks is a common challenge during a PhD, making efficient organization and clear workflows essential. This online workshop offers an introduction to a range of productivity methods, including agile techniques like working in structured sprints, as well as digital tools that support task management and collaboration.

In addition to these approaches, participants will explore fundamental strategies for prioritization, planning, and maintaining focus over time. The aim is to provide a flexible set of methods that researchers can adapt to their specific circumstances, enabling them to approach the demands of their doctoral studies more effectively.

By the end of the workshop, participants will have gained a deeper understanding of how to optimize their work processes, enabling them to approach the demands of their doctoral studies more effectively. These skills are designed not only to support the completion of the dissertation but also to serve as a foundation for sustainable productivity in future career contexts.

Methodology

The workshop combines presentations, individual exercises, and group activities with reflective discussions.

Organizational Information

| | |
|-------------------|--|
| Language / Format | English / Online |
| Target group | Doctoral Candidates at all stages from all faculties |
| Date | Tuesday, 16 June 2026, 9:00 – 16:00 |
| Registration | Click here for registration |