



Hon. Prof. Dr. Michael Groß  
Goethe University Frankfurt

Michael Groß has been collaborating with the Center for Leadership and Behavior at Goethe University Frankfurt since 2014, conducting studies on leadership and organizational development. He has been a lecturer in human resource management since 2016 and was appointed Honorary Professor in 2023.

Before his academic career, Groß was a professional athlete and Olympic champion.

## GSEFM Luncheon Hour Soft Skills in the Age of AI

### Objective

The GSEFM Luncheon Hour provides participants with an informal and accessible space to explore topics that complement the academic curriculum. The format aims to encourage open discussion on career paths, personal development, mental health, and other relevant issues

### Description

The Luncheon Hour is a low-threshold format designed for GSEFM students who wish to engage with topics that are often not part of regular seminars. Taking place outside standard teaching hours, it offers the opportunity to learn about career options inside and outside academia, reflect on challenges such as mental well-being, and gain practical insights for different stages of the doctoral journey.

Each session focuses on one thematic impulse, introduced by a guest or facilitator, followed by an open discussion. The informal setting encourages participation, peer exchange, and questions that may not find space in more formal academic formats. Participants are invited to bring their lunch and join the conversation in a supportive and confidential atmosphere.

### Methodology

Short thematic input followed by moderated discussion and open Q&A. The format emphasizes interaction, exchange of experiences, and active participation rather than lecture-style teaching.

### Conditions

- Participation is open to all doctoral candidates. Active participation is encouraged, but not mandatory.
- The Luncheon Hour is designed as an informal and confidential space in an on-campus format; personal contributions will be treated with discretion.

**Information about the venue** will be announced on social media shortly before the event:

- <https://www.linkedin.com/school/gsefm/>
- <https://www.instagram.com/gsefm/>



### Organizational Information

Language / Format	English / On campus
Target group	Doctoral Candidates at all stages from all faculties
Date	Monday, 11 May 2026, 13:00 – 14:00
Registration	No registration necessary