

GSEFM Luncheon Hour Career Advice

Objective

The GSEFM Luncheon Hour provides PhD candidates with an informal and accessible space to explore topics that complement the academic curriculum. The format aims to encourage open discussion on career paths, personal development, mental health, and other relevant issues

Description

The Luncheon Hour is a low-threshold format designed for GSEFM students who wish to engage with topics that are often not part of regular seminars. Taking place outside standard teaching hours, it offers the opportunity to learn about career options inside and outside academia, reflect on challenges such as mental well-being, and gain practical insights for different stages of the doctoral journey.

Each session focuses on one thematic impulse, introduced by a guest or facilitator, followed by an open discussion. The informal setting encourages participation, peer exchange, and questions that may not find space in more formal academic formats. Participants are invited to bring their lunch and join the conversation in a supportive and confidential atmosphere.

Methodology

Short thematic input followed by moderated discussion and open Q&A. The format emphasizes interaction, exchange of experiences, and active participation rather than lecture-style teaching.

Conditions

- Participation is open to all doctoral candidates. Active participation is encouraged, but not mandatory.
- The Luncheon Hour is designed as an informal and confidential space in an on-campus format; personal contributions will be treated with discretion.

Information about the venue will be announced on social media shortly before the event:

- <https://www.linkedin.com/school/gsefm/>
- <https://www.instagram.com/gsefm/>



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Zorka Simon is a former Assistant Professor at Goethe University. Her research focuses on empirical finance, particularly fixed income securities, funding markets, systemic risk and the effects of financial regulation. She holds a PhD in Finance and has published widely on topics including bond markets and collateral frameworks in the euro area.



Organizational Information

Language / Format	English / On campus
Target group	Doctoral Candidates at all stages from all faculties
Date	Wednesday, 29 April 2026, 13:00 – 14:00
Registration	No registration necessary