

## Career Planning: How to Start Leaving Academia

### Trainer



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Impulsplus, Köln

- Professional coach and workshop leader
- Member of the Impulsplus trainer team since 2009
- Works regularly at the University Heidelberg, OvGU Magdeburg, TU Graz, Fraunhofer ITWM Kaiserslautern, HHU Düsseldorf, DSHS Köln, KHYS Karlsruhe, etc.
- Author of various textbooks in the area of German for Professional Purposes (e.g. Fokus Deutsch: Erfolgreich in Alltag und Beruf /C1, 2019) and editor of a Technical English textbook (2005)
- Director of Studies for language training institute ISD - Sprachen & Kommunikation, Stuttgart, focussing on educational services for German and international companies until 2011

### Objective

- What are my unique abilities and interests critical in determining the right career path for me?
- Can I combine my ideas about a fulfilled life with a career outside of university and academia?
- How can I develop a strategy for embarking on a non-academic career path?

This seminar helps to answer these and other questions for those who want to plan their career development strategically.

### Description

The workshop focuses on supporting young scientists and researchers and prepares them to leave academia. It offers them possibilities to reflect upon future careers in industry, business or alternative career choices. Based on their individual profiles, participants develop their own vision for their future personal and professional lives.

You will

- reflect upon your professional career path and develop a well-orchestrated plan,
- work out a biographically-based profile that highlights and evaluates your individual qualifications, skills and job vision,
- explore different occupational career alternatives,
- get information about formal and hidden requirements for a career development (with special focus on the working culture in Germany), and
- share experiences and are encouraged by other scientists who are in a similar professional situation.

Contents:

- Creating your profile of skills and qualifications, highlighting your strengths and accomplishments
- Choosing your own criteria and values for work and life
- Developing a vision for your professional and private life
- Review and evaluation of personal development goals
- Detect your professional network
- Outlook: Application procedure and job interview in Germany

### Methodology

- Individual work and team work, coaching methods
- Methods of visualization
- Presentations and group discussion

### Organizational Information

Language / Format	English / On campus
Target group	Advanced Doctoral Candidates and Postdocs (R2) from all faculties
Date	Wednesday-Thursday, 1-2 July 2026, 9:00 – 17:00
Registration	<a href="#">Click here for registration</a>