Career Compass –
How to Set the Direction of Your Career Path

Objective
While some people have known exactly what they want to do in their professional life since their childhood, others are not so sure even later in life. Others again, realize that they might have to change the direction of their career path at some point in life. After digging deep into an academic topic for years, it can be a rather daunting task to find a job, to marshal the clarity and confidence to look ahead and plan for a professional future. This online workshop will support PhD candidates and postdocs to build their career from “inside out”, by identifying and mobilizing their inner resources and confidence to know what they want and to take the next step.

Description
In a safe and trusted environment, participants will build on their dreams, deep and sometimes hidden motivations, their values, strengths, and skills to clearly see their potential and use it to envision their own career path. Through an in-depth experiential work, they will engage in hands-on activities that guide them through the first essential stages of starting or changing their career: gaining the clarity to understand what drives them, figure out what they really want, developing a career vision, as well as a concrete action plan. In particular, participants will

- gain a deeper understanding of themselves i.e. identify what makes them “tick” – core values, strengths, talents, skills etc.,
- envision their professional future and connect to it,
- learn about their unique impact and the professional environment they thrive in,
- experience how to rebound quickly by recognizing and overcoming self-limiting beliefs and fears,
- generate ideas for possible vocations using artificial intelligence, and
- create a concrete action plan with specific steps and a timeline.

Methodology
The methodology of the Career Compass is highly interactive to make learning and self-discovery engaging, fun, and effective. We will create a trustful and engaging environment, where participants can feel confident to open up, share their experiences, and explore new directions. To that end we will draw on traditional creativity techniques, as well as innovative tools such as artificial intelligence.

Conditions
The workshop requires participants to do about 2 hours of pre-work before the workshop. You will receive further information approx. 2 weeks prior to the workshop. Because we will work in small teams, we require participants to be present throughout the entire workshop.

Organizational Information
<table>
<thead>
<tr>
<th>Language / Format</th>
<th>English / Online</th>
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<tbody>
<tr>
<td>Target group</td>
<td>Advanced Doctoral Candidates and Postdocs from all faculties</td>
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<tr>
<td>Date</td>
<td>Thursday Friday, 18-19 July 2024, 9:00 – 17:00</td>
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<td>Registration</td>
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